#### WHAT'S NEW AUTUMN EDIT 2020

BROUGHT TO YOU BY

**DEAS FOR LIVING** 

KEY TRENDS FOR KITCHENS, BEDROOMS & BATHROOMS

How to Create the perfect kitchen

LIGHTING UNDER THE SPOTLIGHT

HOW TO MAXIMISE SPACE IN YOUR HOME

introducing our new KITCHEN PLANNING TOOL

the latest in APPLIANCES



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551.54.335 - Matrix Box standard drawer set, anthracite, 553.60.445 & 551.60.999 - Decorative sides with glass

# 549.57.011 - VS TAL Gate, Premea lava grey

#### STORAGE FOR EVERY SQUARE METRE

Get more life per  $\mbox{m}^2$  in your home with our flexible range of the highest quality storage accessories and fittings.

Ask your designer for Häfele.







### in this EDITION

#### HELLO AND WELCOME

to this new look edition of What's New from Häfele. We've been designing, making and distributing furniture fittings and accessories in the UK market for **40 years**.

In this issue you'll find, **flexible living spaces** (page 30), an overview of the **difference lighting can make to your home** (page 27) and top tips on how to plan the **perfect kitchen** (page 15).

We also get the answers to common home design and renovation questions from our panel of experts (page 21) and get the lowdown on the latest in appliances (page 34).

As it's our first new look edition, we'd love your feedback on this issue, plus we want to hear how you're putting tips and advice into practice in your home. To share your thoughts, pictures and videos follow us on Facebook at @ldeasForLiving and on Instagram @ldeasForLiving. Here you'll also find the latest news, tips and advice on how to make more of every square metre of your home.

Happy reading and planning!

Häfele







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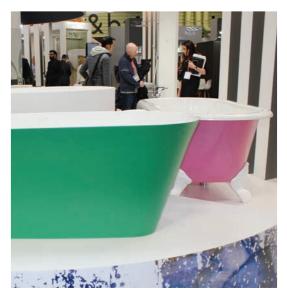


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#### WHAT'S NEW THIS SEASON



Even sanitaryware can bring colour into your bathroom



Bold and bright wash basins from Victoria + Albert



Fabal Casa- Adding a splash of colour with a coral pink against the darker cabinets



Sinks in pink from Dansani



Loox lights open up storage and shelving





Open shelving - trend coming from across the continent to the UK, image from Scavolini

### **OUT OF SIGHT**

hidden under worktops

KBB in March, as did the Ninka Qanto, an innovative corner storage unit. Häfele fittings can be used to create everything from a concealed cupboard to a hidden bar.



Accuride sliding track system





Smeg linea inset mount sink with retractable tap

Ninka Qanto vertical rising corner storage unit

## THE SECTION OF THE SE

Proving dark shades are here to stay, Vauth-Sagel, which makes premium storage solutions, has just switched the mid-grey shade of their storage systems to **Premea Lava Grey**, a bolder, darker option.



### Dark DECADENCE

Adding extravagance to the industrial aesthetic, dark decadence combines rich, dramatic shades with luxurious metallics and smooth matte finishes for a contemporary look.

With interest in dark kitchens continuing to rise, dramatic, bold looks will continue to grow in demand in 2021 and beyond.

Complement and enhance dark walls or cabinetry with understated flat matte accessories that make your kitchen pop and create a feeling of luxury and added depth.

For more ideas on how to create Dark Decadence perfection, we love #styleitdark on Instagram!







This **copper worktop** from Häfele brings warmth to a dark space. Plus it is anti-bacterial and microbial making it ideal for family living.

547.17.033 - VS TAL Larder, lava grey

### Calm NEUTRALS

Get the look without the price tag. Manufactured from man-made acrylic, this Minerva Calcutta White worktop has veining all the way through but is more cost-effective than real marble.





\* Natural jute rugs bring texture to a space as well as practicality

Alusplash colour options

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Mulberry Cup Handles & Knobs are the perfect choice when set

against a green colour scheme.

Mulberry Cup handle and knob in brushed copper finish

Cup handle 151.40.154 Knob 134.97.020







Rangemaster Nexus Steam Range Cooker Black finish



Whether entertaining or relaxing with a glass of red, the Vauth Sagel Pull Out Bottle Rack keeps bottles out of sight but accessible when needed

VS TAL WIRO Bottle pull out unit with 16 bottle wine rack for 150 mm



Create a standout feature in your kitchen with copper pendant lighting

Oberon Ceiling Pendant in copper finish 833.42.094



#### IDEAS FOR LIVING

#### introducing our KITCHEN PLANNING TOOL

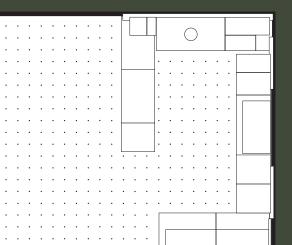
Balancing style, function and making the most of space in a kitchen is now even easier thanks to our free Kitchen Planning Tool. Available on our website, ideasforliving.co.uk, the tool has six easy steps to follow.

To start, take a personality test, which determines how you use your kitchen and helps design a room that is aesthetically pleasing and tailored to your lifestyle.

Next, choose a style, before entering the room's shape, dimensions and permanent structures. Once you've positioned cabinetry and large appliances, you can then start to explore the more functional elements of the space by adding in clever storage solutions such as larder units, swing-out or pull-out cupboards.

Finally, choose the finishing touches such as splashbacks, handles, worktops, walls and flooring.

Once complete, you can submit the finished 3D design to one of our 100 trusted kitchen Studio Partners – a national network of hand-selected, independent kitchen studios offering superb customer service – who can help you turn your dream design into a reality.











#### KITCHEN PLANNING

#### HOW TO CREATE THE PERFECT KITCHEN

Creating your ideal kitchen is no mean feat. On trend or traditional? Dark or light? There are so many choices to make and consider. To help, we asked Garyth Hugo, owner of Hugo & Co, our 2019 studio partner of the year, for some words of wisdom.

When creating the perfect kitchen, style is often where we start and the area many of us tend to focus on.

While style is important, it's not the only thing you should consider. According to Garyth, function is often overlooked when planning a kitchen. "I regularly hear, 'the inside doesn't matter'," he said. "But if you've ever tried to hide utensils out of view and wanted to store a ladle in a drawer that isn't deep enough, you'll know how frustrating this is."

Describing how he helps his customers achieve design and function, Garyth

"I get my customers to think about

the area available as squares of space. Say you've got a 3 metre by 5 metre layout, there are 15 squares to fill. So, I suggest they take each one and think how they want to use it, without overfilling it. Considering the area in that way can be really helpful for the customer."

Another area that's often neglected in the first stages of planning is budget, and moreover, not being prepared to openly discuss a budget with your designer or consultant. Garyth added:

"Some customers don't want to name a figure, preferring to create a design, then see what it costs. But by starting with a budget, you'll get



2019 Studio Partner of the Year

a more realistic kitchen that meets your needs and gives you best value for what you want to spend. And any designer worth their salt will always aim to impress with what they can do for the budget available."

When it comes to creating the perfect kitchen, where do you start? Hop over the page for our step by step guide and some more top tips.



### Designing YOUR KITCHEN STEP BY STEP



Garyth Hugo Owner - Hugo & Co

Budget

Firstly, work out what you're comfortable to spend on your kitchen and don't be afraid to tell your designer. You'll end up with a better design that you'll love and can afford, faster.

#### Did you Know?

According to Which? on average, buyers paid between £19,500 and £32,800 for 15m² kitchen.



Style

Would you prefer a more modern, contemporary look or a traditional shaker? To help you work out your style, use our Kitchen Personality Quiz at www.ideasforliving.co.uk

#### Garyth's Advice

Try to agree on what style you, and anyone else involved in the decision process, like before your first showroom visit.

#### Layout

taking careful measurements of the space, noting existing features drawing up a floor plan.

vour chosen kitchen partner will visit vou at



Garyth's Advice

Measure floor to ceiling height in several places as many of us have uneven floors.



#### Appliances

Are there existing appliances staying in your sure you've got exact measurements – and

If you've got a blank canvas, there are some there must be 300mm between a sink and an electrical socket.

Are you an avid cook who wants lots of cooking



Garyth's Advice

See our guide to the latest appliances on page 34



Smeg Cucina compact microwave oven



Want to integrate your microwave in your cabinetry? Make sure you've measured it and double checked the space you need.



VS COR Flex corner unit with

Planero lava grey metal baskets 548.29.343

#### Cabinetry

#### Designing YOUR KITCHEN STEP BY STEP

#### Internal Details

With the cabinetry decided, you've got the outer shell pretty much planned out, but now for one of the most overlooked parts of the kitchen – the internal details. Start by listing what you like and don't like when you're using your existing kitchen, then think about how you'll use each square metre.

Without proper planning and building in internal fittings, you can end up with a kitchen of empty cabinets that in reality, don't work for you and the items you have. Here's some things to consider:

- Do you want to hide utensils out of view? If so, consider drawer depth.
   The Grass Drawer System is a brilliant option for storing all your items in one place
- How many large pots and pans do you have? Drawer pan organiser are great for keeping cooking equipment accessible and in order
- How tall are your biggest glasses? This will impact on shelf height.
   Head height cupboards with lift up flaps are great for occasional glasses
- Do you have small appliances like a coffee maker that you want on display or would you prefer these hidden away? Use corners and fittings such as the Ninka Qanto, a clever vertical rising corner unit, to really make the most of space available

#### Garyth's Advice

Can't decide between drawers or a pull-out larder? Look at options such as the Grass Nova Pro Scala – it's the best of both options! and exclusive to Häfele.





#### Finishes

Now it's time for finishing touches! Start by deciding on your door colours and type. Would you prefer handles, knobs or handleless doors? There's tonnes of statement handles that are the perfect way to make a kitchen stand out.

At this point, also consider lighting as it can totally transform the atmosphere of your room, and colours look very different in different lights. Even if your room gets a lot of natural light, it won't all day and all year round. Plus you'll need brighter, working lights in the functional areas where you are chopping or reading recipes.

Furniture lighting can be easily added to a design and with huge visual impact. Think about worktops now too. Remember to balance style and practicality, including overall cost. There are some lower budget products out there that deliver on both, including many from our Minerva range.

You can also use splashbacks to create a design statement. Take a look at the range of colours available from AluSplash – a clever aluminium splashback that's easy to clean and keep looking stylish. Finally, select the wall colour and floor finishes that will set off your new kitchen!

KITCHEN LESSONS

#### KITCHEN LESSONS

#### our survey said

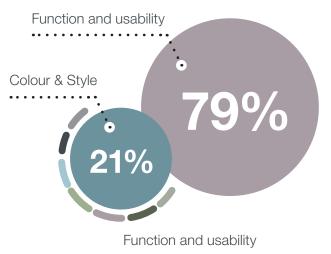
To help you plan your kitchen better, we asked those who've recently renovated theirs:

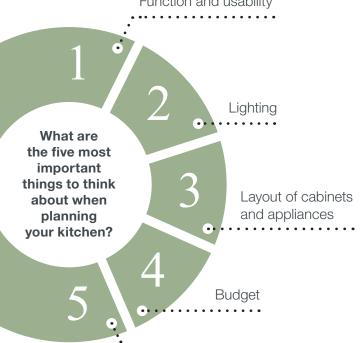
What would they do differently next time?

What advice would they give to others?

Here are their kitchen lessons...

#### What is more important when planning your new kitchen?





Cupboard / drawer storage space



If you were doing it all over again, what would be less important?

How *quickly*it could be completed

What are your top

tips for

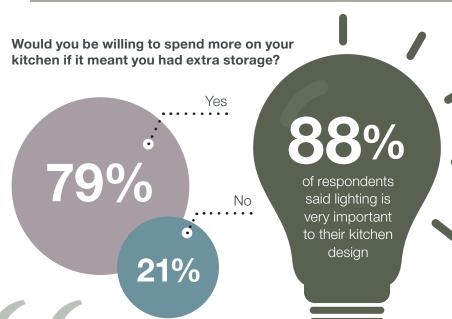
others?

Think about your layout

Make sure everything ties togethe (flooring, cupboards, worktops)

3

Use hard wearing flooring



### IF YOU COULD CHANGE ONE THING ABOUT YOUR KITCHEN, what would it be?

- THE LIGHTING
- WORKTOP SPACE AND HEIGHT
- TO HAVE BUILT-IN BINS
- TO HAVE SOFT CLOSE DOORS
- THE AMOUNT OF STORAGE SPACE
- EASIER ACCESS TO TALL CUPBOARDS
- WORKTOP DESIGN
- QUALITY OF CABINETRY

### 0 HOW TO WORK WITH A kitchen showroom **GARYTH** GIVES HIS TIPS ON HOW BEST

Garyth Hugo Owner - Hugo & Co

#### Get professional advice

 Most people will only get a brand new kitchen once or twice in their lives and it's a big decision, so get professional advice from people who do it daily. They'll help make sure your new kitchen is functional, works for you day-in-dayout, and looks great.

TO WORK WITH A

KITCHEN SPECIALIST

 And remember, specialist doesn't have to mean expensive. A good kitchen designer can work to a specific budget and suggest ways to find a solution within that budget.

#### Do vour research

- The more research you can do into the style of kitchen you like, the better. Pinterest, Instagram and even your friends' and neighbours' homes can be a great source of inspiration
- Tools like the Kitchen Personality Quiz at ideasforliving.co.uk are a fun way to explore styles
- Use a recognised business. At ideasforliving.co.uk/studiolocator you'll find your nearest Häfele Studio Partner. These are an elite group of British kitchen studios, handpicked for their dedication to quality, service, and second-to-none
- Do you want to choose from a range of brands or want a bespoke, made to order kitchen? Different kitchen studios will specialise in different approaches.

#### Prepare for your first appointment

- Give thought to some key decisions before your first visit:
  - ∞ What budget do you have for the job?
  - ∞ What style kitchens do you like?
  - ∞ How do you need the space to function day-to-day?
- Have you measured and checked the room, existing features like doors, windows, power and water sources? What aspect does your kitchen face? This will affect lighting
- Think about what you like and don't like about your existing kitchen. What frustrates you? What would you like to do in your kitchen that you can't now?



### CAsk the EXPERT

I don't want tiles in my kitchen because they're annoying to clean but bespoke glass splashbacks and upstands are too expensive. Any ideas?

"Traditionally, tiles have been the favoured approach for kitchen splashbacks, but I'd agree, they can be tricky to keep clean between the grout and mould is often an issue. If you'd like a seamless finish like glass but without the price tag, AluSplash is the product for you. Aluminium-based, it gives a beautiful, sleek finish but it's cheaper than glass and a more hygienic alternative to tiles. Fortunately for your fitter, it's also lots easier to install. Ask your local Studio Partner about AluSplash – it's available in 12 stylish colours too."



**Andrew Billingham** Product Group Manager





### Ask the Expert



**Isabel James**Product Group Manager

Q: My kitchen has a lot of head height, but I find tall cupboards hard to reach. How can I make them more functional?

A: The Grass Nova Pro Scala Stack Tower sounds like just what you need as it combines the height of a tall larder unit design with pre-assembled drawers that pull out independently to different depths. Plus, because each drawer can hold up to 40kg in weight, you can get loads in it.

"The Nova Pro Scala Stack Tower is available in a range of widths, including a 300mm slimline option, and in a choice of colours. Ask your kitchen studio for more information."





My hallway gets really untidy and unsightly, but I've only got the under stairs area for storage. How can I make the most of the space?

"A stair cabinet is a great way to use both the height and depth of the space you have available. Starting with the lowest part of the stairs, here I'd opt for a pull-out cabinet as it will give you lots of space, without being difficult to access. As it's likely to be a bit dark under the stairs, make sure you think about lighting too so you're not searching for what you need. Ask your joiner about Loox

furniture lighting, our plug and play LED system that's perfect for spaces like this.

"For taller areas, you can think of these spaces a bit like a wardrobe and there's lots you can do with the area depending on what you want to store. If it's shoes for instance, I'd opt for a rotating, pull out shoe rack like the one to the left – it's a great way to make the best use of the space.

"Then, to keep it all hidden away, ask your joiner to mask it all behind large hinged doors cut to fit the shape and space available."



#### 1980

Having started life in Germany in 1923, we opened our doors to our first home in the UK at Butlers Leap in Rugby, Warwickshire.

LE U.K. Ltd



1982

Kitchens go country! Light colours, exposed beams and pale woods become popular creating a homely look.



1984

The world of appliances is changing. Colour is out and monochrome is in. There might've been the occasional almond shade too though... remember those?



1998

The late nineties saw the rise of the TV chef and in turn, amateur cooks began taking their inspiration from restaurants, installing professional quality appliances in their kitchens.



2006

Bright, white and beige were the key trends in the mid noughties as kitchens became more and more open plan.



The first app-controlled ovens and connected kitchen appliances appear. The smart, connected home is born!





This year, Häfele is celebrating

40 years in the UK. To mark the occasion, we're taking a look back at what's changed in the world of kitchens since the 1980s and celebrating some of our milestones along the way.



1981

Just like shoulder pads and hair, the next big thing in kitchens was the island. The reason for their popularity? Partly a reflection of the kitchen becoming a more social space and partly a symbol of social status.



1983

Häfele invents the Minifix ... A huge moment on our timeline! Häfele starts of production of the Minifix connector. Not familiar with the Minifix? We're sure you've used it when assembling furniture from a well-known Swedish retailer...you can thank us later!





1990

Away with laminate, Formica and wooden work surfaces, in with granite.



1999

We launch Dialock in the UK. This electronic locking system is now a mainstay in the hotel and leisure industry, but increasingly is being used in the home in various settings. For instance, use Dialock to stop children accessing harmful substances or create 'hidden' storage for extra security.





We launch LOOX lighting in the UK. Our LED furniture lighting range has evolved no end since 2009 - in fact, we're now onto our fifth generation!





tailored to your lifestyle.

2019

We unveil our free







LIGHTING think about lighting GETTING LIGHT RIGET well as understand **GLOSSARY OF LIGHTING TERMS COOL WHITE ACCENT LIGHTING** Directional lighting used to focus light White with a colour on a particular object or area temperature in the region of 4000K. **AMBIENT LIGHTING** DRIVER The overall lighting present in an area An electrical device that regulates the power to an LED **BEAM ANGLE** LUMENS The angle at which light is distributed A measure of visible light that's given from the lamp or luminaire off by a source. **COLOUR TEMPERATURE** WARM WHITE White with a colour temperature The colour appearance of a light source. The higher the colour of around 3000K. Warm white is a temperature, the 'cooler' the yellow-white light similar to halogen appearance. Colour temperature is measured in Kelvins (K) Fortunately, getting lighting just right doesn't have to be difficult. The key thing is to think about it at the start when planning a space with your designer, rather than at the end...or not at all. Your designer will ask you some key questions about how you'll use the space and then develop a lighting design scheme to suit. To help them help you, we've just launched a Lighting Design Service for showrooms where lighting experts can create a custom design scheme in just seven days. Ask your designer for more details. IDEAS FOR LIVING FIND YOUR NEAREST STUDIO PARTNER IDEASFORLIVING.CO.UK

### SMARTER SPACES

As homes get smaller, space remains at a premium and more and more households regularly have multiple generations residing together, the need to be smarter with space is like never before. We explore ways to make your space work harder and make sure you get as much use as possible out of every square metre.

It's safe to assume that everyone wishes they had more space in their home and for many of us, this problem is only becoming more challenging. Compared to the previous decade, homes built from 2010 onwards are over 4m<sup>2</sup> smaller (according to LABC), so if you're a new-home owner, making the most of your space is likely to be a daily grind.

With rising house prices and an ageing population, more families are also coming together under one roof, with three generations all sharing the same space and all with different wants and needs. This too poses a conundrum on how to make areas flexible for changing requirements.

Fortunately, there are lots of clever products out there that can help. By understanding the options, and with some lateral thinking, you can make your home more adaptable and ensure you're maximising every space to its fullest.





### SMARTER SPACES

#### Get smarter with sliding

One of these products is sliding door hardware. Giving you seamless functionality, optimum storage capacity and a sleek finish, sliding doors are becoming more and more popular.

Instead of traditional hinges, sliding door gear hardware allows a door to be opened by sliding to the side. The most popular type of system is called a 'top hung' system, where a door is hung by two hangers at the top along a concealed track. At each end is a track stopper to absorb any impact if it's slammed and to hold the door in the open or closed position. On some systems, you can also choose a soft close mechanism like you'd get on a kitchen drawer.

As well as sliding, there's also pocket doors. Where a standard hinged door needs around seven feet of unobstructed space to open and close, that's not required with a pocket. These clever systems slide the door into the wall instead.

#### Where can you use sliding doors?

Sliding doors can be great space savers for wardrobes, between rooms like a lounge and dining area or to hide away areas like utility rooms.

#### Why sliding?

It's all about the extra space! As the doors don't open into a room, you save an average of 1270mm of operating space per door, or up to five metres if five sliding doors are used per house.

Sliding doors are also great when you want to separate a space, but don't want to do it permanently. For example, when the kids are back from university, use a sliding door to turn an open plan lounge/diner into two distinct areas: one peaceful area for you to relax and another space for them to do their own thing.

#### What's available?

We offer a huge range of sliding door gear but one of our favourites is the Eku Frontino 40. This premium system is suitable for wardrobes or tall cabinets and opens completely, meaning you can access exactly what you need with ease.

If you're after a pocket door, look no further that the Slido Classic Optimo system, smart and stylish, it's also incredibly space saving!

Make a feature of your sliding door with the Rustic Flat Track. With exposed steel straps it adds a traditional look that's great for period properties.





#### Other space saving ideas

As well as considering sliding doors, think about these clever options.

Use the height of a room to maximise storage. Our FREE range includes a variety of hinge types including electronic ones and feature a 25-year guarantee.

Use every nook, cranny and corner of your home with products like the Ninka Qanto. This clever device rises to give vertical storage and has a smooth ABS lifting mechanism. There's also automatic LED lighting for the middle and lower trays as they rise and descend.

Can't find the exact type, style or size of storage you need? Create your own! Ask your carpenter or designer about our Matrix Box drawer system. With full extension runners you can access the content with ease and vertical sides for more internal space. There's also a range of decorative drawer sides for extra personalisation.



### Mhat's new in APPLIANCES



**Steph Kerr**Senior Product Group Manager

#### MERCURY: ANOTHER PLANET

Part of the AGA Rangemaster group, Mercury features high-end domestic range cookers with a timeless style.

Manufactured in the UK, they're made to the highest quality and are really functional too.

You can choose between a powerful gas hob or sleek-look induction top, and Mercury cookers have two large high-performance ovens, as well as a soft touch storage drawer to provide ample space for both cooking and keeping plates warm.



Mercury 1000 mm Dual Fuel Range Cooker, Black liquorice (gloss) 533.61.010



Mercury 1000 mm Electric Induction Range Cooker, Cream Oyster 533.61.004





Instead of struggling to turn levers with wet or full hands, use its innovative push-operation to start and stop water flow with your wrist or elbow. Turning the same button alters the flow, and temperature control is via a twist of the valve on the tap's body.

There's a water-saving option, as well as a powerful jet, and integrated magnets for seamless docking of the spray head.



Grohe Minta Smartcontrol Tap

Grohe Essence Smartcontrol Tap with pull out spray available in a wide variety of finishes, see website for details

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### Mhat's new in APPLIANCES

#### TWO IN ONE

Smeg Portofino range cookers are available in two configurations and eight vibrant colours, including a dual oven cavity option that's perfect for cooking meal elements at different temperatures.

There are dual fuel and electric induction versions that include 20 automatic programmes including Pyrolitic cleaning. Budding chefs will also enjoy its rotisserie kit, perfect for the Sunday roast!







Smeg Portifino 900 mm dual fuel cooker Yellow 534.64.846 Black 534.64.841 Olive green 534.64.840



#### STYLE & **SUBSTANCE**

Combine on trend metallic styling and clever design with Smeg's Dolce Stil Novo. With an elegant copper trim; these products are uniquely styled and are the first of their kind in the market.

The Dolce Stil Novo range includes ovens, a coffee machine, hobs, hoods and a wine cooler.

Setting the standard for sleek design, HOB D from Smeg is a powerful multizone induction hob with state-of-the-art extraction in a single appliance. It's also incredibly beautiful and sleek!



830 mm Dolce Stil Novo copper trim 536.64.151

### Recipes Beef & vegetable casserole

A traditional braised beef stew with thick, rich gravy – an ideal recipe for cheap cuts, as slow-cooking guarantees a tender dish. From BBC Good Food

Serves: 5



Prep: 15 mins Cook: 3 hrs - 3 hrs and 50 mins

#### Ingredients

2 celery sticks, thickly sliced

1 onion, chopped

2 really big carrots, halved lengthways then very chunkily sliced

5 bay leaves

2 thyme sprigs, 1 whole and 1 leaves picked

1 tbsp vegetable oil

1 tbsp butter

2 tbsp plain flour

2 tbsp tomato purée

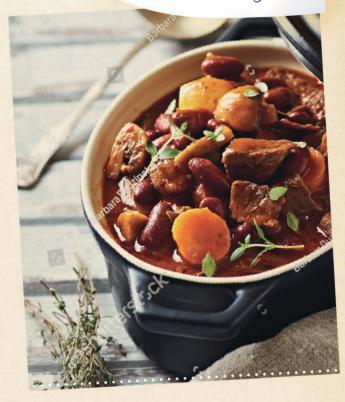
2 tbsp Worcestershire sauce

2 beef stock cubes, crumbled

850g stewing beef (featherblade or brisket works nicely), cut into nice large chunks

HAFELE

You've got the appliances, now put them to use! These recipes are great options to try in your Mercury oven or, if cooking both at the same time, in your Smeg Portfino dual cavity!



#### Plum crumble

Use two types of sugar and ground almonds for the perfect crunchy crumble topping, layered on top of cinnamon-spiced plums. From BBC Good Food



Prep: 15 mins Cook: 40 mins

#### Ingredients:

800g ripe cooking plums, such as Victoria or dessert plums, halved and stoned

50g light brown sugar

finely grated zest 1 orange

1 tsp ground cinnamon

1 tsp plain flour

For the crumble

250g plain flour

150g butter

80g caster sugar

80g demerara sugar

50g ground almonds



- 1. Heat the oven to 200C/180C fan/gas 6. Put the plums into the base of a shallow gratin dish about 28cm long. Mix together the sugar, orange zest, cinnamon and flour and sprinkle over the plums. Trickle over
- 2. Put all the crumble ingredients into a food processor, and using the pulse button, whizz until the mixture just starts to clump together. Take care not to over process at this stage. Alternatively, rub the butter into the flour using your hands and then stir in the other ingredients.
- 3. Scatter the crumble over the plums and bake in the oven for 30-40 mins until golden brown. Leave for about 15 mins before serving with custard or cream.

#### Goes well with:

- > Homemade custard
- > Cinnamon ice cream

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#### Method

- 1. Heat oven to 160C/140C fan/gas 3 and put the kettle on.
- 2. Put 2 thickly sliced celery sticks, 1 chopped onion, 2 chunkily sliced carrots, 5 bay leaves and 1 whole thyme sprig in a flameproof casserole dish with 1 tbsp vegetable oil and 1 tbsp butter.
- Soften for 10 mins, then stir in 2 tbsp plain flour until it doesn't look dusty anymore, followed by 2 tbsp tomato purée, 2 tbsp Worcestershire sauce and 2 crumbled beef stock cubes.
- 4. Gradually stir in 600ml hot water, then tip in 850g stewing beef and bring to a gentle simmer.
- Cover and put in the oven for 2hrs 30 mins, then uncover and cook for 30mins 1hr more until the meat is really tender and the sauce is thickened.
- 6. Garnish with the picked leaves of the remaining thyme sprig.



